

Epee Fencing 101

Contributed by Craig Harkins
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The epee is the modern derivative of the original duelling sword, the rapier, used in sport fencing. Épée is French for "sword".

The weapon is similar to a foil (compared to a sabre), but has a stiffer blade that is V-shaped in cross-section, has a larger bell guard, and is heavier. The technique however, is somewhat different, as there are no rules regarding priority and right-of-way. In addition, the entire body area is a valid target area.