

Feint-Deceive Exercises Part 2

Contributed by Administrator
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Feint Deceive Exercises, Part II (P: Pupil, L: Leader)

1. Slow - Fast Tempo Exercise

L: Straight attack with lunge
P: Slow circular parry with retreat
L: Remain parried in the lunge
P: Change engagement and opposition riposte

What is going on here? Let's say that the attack was to 4 and the pupil uses counter-6 for the parry. The pupil now changes engagement to 4 and extends the arm, keeping the leader's blade trapped in opposition.

While not suitable for an attacker with a quick remise, this riposte clears the blade out a second time and makes it more difficult for the leader to execute a counter-riposte.

2. Slow - Fast Defense and Offense Exercise

A. L: Straight attack with lunge
P: Slow circular parry with retreat
L: Remain parried in the lunge
P: Change engagement and opposition riposte

B. P: Engage or change engagement with advance
L: Retreat, supporting the engagement
P: Change engagement with opposition attack and hit with lunge.

What is going on here? In 'B' we have drill #1 as an attack. Starting in normal enguard (both in 4, assuming same-handed fencers), the student presses 4 on the advance, then executes a counter-6 engagement with the lunge. This quickly clears the blade away from the target and gives control to the attacker.

In order to be most effective, the slow/fast tempo change is needed. Execute the engagement as a slow tempo, then the counter engagement as a fast tempo.

3. Slow - Fast Active Rest Exercise (No Hits)

A. P: Engage or change engagement 4 with advance
L: Retreat, supporting the engagement
P: Beat 4, extend (no hit or lunge)

B. P: Engage or change engagement 6 with advance
L: Retreat, supporting the engagement
P: Change beat 4, extend (no hit or lunge)

4. Direct or Indirect Riposte Exercise

A. L: Straight attack with lunge
P: Lateral parry with direct opposition riposte (no retreat)

B. L: Straight attack with lunge
P: Lateral parry

L: Anticipates riposte and begins to parry
P: Disengage riposte

5. Direct or Indirect Riposte Choice

A. L: Disengage feint with beginning of the lunge
P: Attempt circular parry
L: Deceive and complete lunge
P: Lateral parry and direct opposition riposte

B. L: Disengage feint with beginning of the lunge
P: Attempt circular parry
L: Deceive and complete lunge
P: Lateral parry
L: Anticipates riposte and begins to parry
(remaining in the lunge)
P: Disengage riposte