

## Fencing Videos

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Here's a question that I receive a lot:

"Fencing sounds cool. Do you have any videos where I can see more of it?"

Fencing is a very fast and dynamic sport, but because the US has not traditionally been a powerhouse, and because there are no multi-million dollar contracts to sign or large pools of prize money to win, it's a sport that does not receive a lot of media attention.

There are, however, videos in circulation that show coverage of world level fencing tournaments as well as training videos where you can watch how a world class coach gives lessons.

Here are links to a few of those videos:

**Tyshler Training of a Champion series:** This series of videos from the Tyshler Fencing School highlight both technical and tactical aspects of fencing, from training for championship level footwork, to videos on each of the 3 weapons of fencing.

**Foil Actions CD-ROM:** Roughly 113 video clips, sorted by tactic. The Foil Fencing Actions CD-ROM is a brand-new, cutting-edge training tool for fencers who need more. Each video clip is shown within a web page that includes an article explaining which fencer scores the point, what to look for in the action, and when you should use this action in your own bouting.

**Competition Videos:** Do you want to see how world class fencers compete? Unless you get to New York City in June, or are able to travel about Europe to see the A-Grade events, the best way to see this level of fencing is by watching these competition videos.

Current competition videos include:

- DVDs of the 2003 World Championships in Havana, Cuba
- DVD of the 2002 Epee World Championships in Lisbon, Portugal
- DVDs of World Cup events from 2003 and 2004

**Online Video Clips:** You can also find some video clips of world and US National level bouts online at Fencing.Net. This gives you a chance to see fencing on the "small screen" before you go to your local club or purchase a DVD of an entire tournament.