

How to Size Your Contour Mask

Sizing for fencing masks are based on your vertical head circumference.

Measure your head by taking a tape measure, holding it underneath your chin, from under your jaw, up past your ear, past the top of your head, down past your other ear, and back down to the bottom of your chin (from where you started).



less than 22.5" or 58cm	22.5" - 25.5" or 58cm - 65cm	25.5" - 28" or 65cm - 72cm	more than 28" or 72cm
Small	Medium	Large	X-Large

How to Adjust Your Contour Mask

Adjusting the Contour Fit System

There are a few ways you can adjust how your contour mask rests on your head. There are five points of adjustment, all on Velcro tabs on the inside upper portion of the mask.

- 1) The forehead portion of the mask is removable and held in place with Velcro tabs. There are two tabs on the “temples” of the forehead pad, which can be shifted around for adjustment of a deeper or shallower fit.

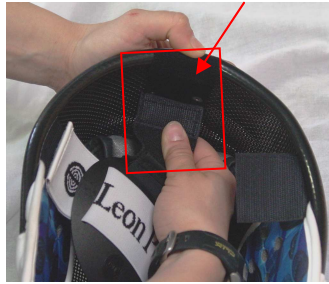


- 2) On the top outside surface of the forehead pad, there is a hook-side Velcro tab. This can be moved forward or backward on the loop-side Velcro, which is held in place by the mask rivet.



- 3) Attached to the top of the contour disk is a black hook-side Velcro tab. The top of the tab can be adjusted

based on the placement on the loop-side Velcro, which is held in place by the mask rivet.



4) Looping the disk to the black tab, there is another set of hook-side Velcro. This can be pulled tighter by securing it closer to the rivet or looser by securing it closer to the disk.



Adjusting the width of the mask

The mask may fit your head from top to bottom, but it may be too wide (i.e. too much space on the sides).

With the mesh facing up, place the mask under your dominant arm in a "headlock" position. Squeeze gently by bringing your dominant arm closer to your body. Check fit and continue to adjust as needed.

